

, 01.01.1970

Rezultāti pa distancēm

| 5 km | | | | | | |
|--------------|-----------|-----------------------|--------------|--------------------------|------------------|------------------|
| Vieta | Nr | Vārds, uzvārds | Grupa | Komanda | Pilsēta | Rezultāts |
| 1 | 7 | Jolanta Liepiņa | S2 | SPORTLAT | Salacgrīva | 0:38:16 |
| 2 | 4 | Nauris Aukmanis | V2 | VSK Noskrien | Olaine | 0:38:45 |
| 3 | 56 | Gatis Štulbergs | V2 | SK Ozolnieki | Rīga | 0:39:39 |
| 4 | 64 | Miķelis Zumbergs | V3 | ISOSTAR Latvija | Dundaga | 0:39:52 |
| 5 | 22 | Ivars Jankavs | V4 | | | 0:40:09 |
| 6 | 31 | Konstantīns Krjačko | V3 | | Rīga | 0:41:42 |
| 7 | 15 | Pēteris Cābulis | V4 | VSK Noskrien | Valka | 0:41:50 |
| 8 | 61 | Jānis Važņevičs | V5 | Līvanu VK | Līvāni | 0:41:59 |
| 9 | 2 | Ināra Lūse | S5 | Carnikavas Sporta centrs | Carnikava | 0:42:03 |
| 10 | 47 | Artūrs Rukkalns | V3 | VSK Noskrien | Ragana | 0:42:06 |
| 11 | 23 | Pāvels Janovičs | V3 | LSC | Jelgava | 0:43:03 |
| 12 | 6 | Andrejs Bajārs | V3 | | | 0:44:04 |
| 13 | 37 | Juris Mašinskis | V2 | Rododendri | Rīga | 0:44:17 |
| 14 | 68 | Mareks Jakobovskis | V4 | | Rīga | 0:44:30 |
| 15 | 42 | Toms Pikšēns | V5 | | Mārupe | 0:44:38 |
| 16 | 20 | Māris Grasis | V4 | LV 2114 | Olaine | 0:44:48 |
| 17 | 57 | Jānis Švarcs | V3 | | Olaine | 0:45:25 |
| 18 | 28 | Toms Komass | V3 | Freelanceri | Jelgava | 0:46:23 |
| 19 | 65 | Jānis Marčinkus | V6 | Ozolnieki | Jelgava | 0:46:33 |
| 20 | 45 | Andris Rēders | V3 | | Tiraine | 0:47:04 |
| 21 | 14 | Iveta Caune | S4 | | Ikšķile | 0:47:27 |
| 22 | 3 | Gunta Neija | S3 | VSK Noskrien | Rīga | 0:48:29 |
| 23 | 53 | Oskars Spedževs | V3 | SIA OS Nami | Rīga | 0:48:37 |
| 24 | 46 | Edgars Roska | V3 | | Olaine | 0:49:12 |
| 25 | 17 | Kārlis Cinis | V3 | | | 0:49:16 |
| 26 | 19 | Kristīne Dakša | S3 | VSK Noskrien | Rīga | 0:49:20 |
| 27 | 13 | Aldis Bulis | V3 | LU | Rīga | 0:50:42 |
| 28 | 32 | Ainārs Lejāns | V4 | | Pēternieki | 0:50:47 |
| 29 | 34 | Tabita-Tīna Lūka | S1 | | Jēkabpils | 0:50:58 |
| 30 | 26 | Inārs Kārklevalks | V4 | | Olaine | 0:51:02 |
| 31 | 27 | Vladimirs Kļavnieks | V6 | | Rīga | 0:51:30 |
| 32 | 52 | Ļubova Smirnova | S3 | | Mārupe | 0:52:57 |
| 33 | 55 | Jānis Stūrītis | V4 | | Turaida, Sigulda | 0:53:46 |
| 34 | 35 | Mārtiņš-Frīdis Lūks | V1 | | Jēkabpils | 0:53:46 |
| 35 | 36 | Andrejs Maļavko | V3 | | Olaine | 0:54:53 |
| 36 | 12 | Inese Brūklene | S4 | | Olaine | 0:55:39 |
| 37 | 11 | Ineta Bruževica | S2 | | Olaine | 0:55:48 |
| 38 | 16 | Vizbulīte Celmiņa | S4 | VSK Noskrien / SUSLIKI | Rīga | 0:57:26 |

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| 39 | 66 | Dainis Driņķis | V5 | | Rīga | 0:58:51 |
| 40 | 39 | Aija Melezere | S2 | | | 0:59:13 |
| 41 | 43 | Ilze Platonova | S2 | Rododendri | Rīga | 1:01:50 |
| 42 | 48 | Olga Rūguma | S3 | | Rīga | 1:03:49 |
| 43 | 41 | Gunta Ozoliņa | S4 | Ozo-klans/VSK Noskrien | Jelgava | 1:03:58 |
| 44 | 67 | Evita Leokina | S3 | | Rīga | 1:04:36 |
| 45 | 63 | Agnese Vēze | S3 | VSK Noskrien | Liepāja | 1:05:04 |
| 46 | 54 | Rēzija Stepka | S2 | | olaine | 1:05:09 |
| 47 | 21 | Olesja Jakovjuka | S3 | Zibens | Olaine | 1:06:00 |
| 48 | 70 | Artūrs Stafanovičs | V1 | | Olaine | 1:06:20 |
| 49 | 69 | Aleksandrs-Vikt Susejs | V1 | | Olaine | 1:06:20 |
| 50 | 59 | Santa Cine | S3 | | Rīga | 1:06:27 |