

, 01.01.1970

Rezultāti pa distancēm

| 11,7km | | | | | | |
|---------------|-----------|-------------------------|--------------|----------------|--------------------|-------------------|
| Vieta | Nr | Vārds, uzvārds | Grupa | Komanda | Pilsēta | Rezultāts |
| 1 | | Normunds Freimanis | V30 | SDK Lielupe | Stalģene | 0:40:18,35 |
| 2 | | Kaspars Gabaliņš-Briška | V18 | | Kekava | 0:40:56,55 |
| 3 | | Aigars Rublis | V30 | Policijas SK. | Aizkraukle | 0:41:06,25 |
| 4 | | Māris Pakārklis | V30 | | Rīga | 0:41:12,50 |
| 5 | | Jānis Teteris | V30 | SK"Vietalva" | Ogres novads | 0:41:20,30 |
| 6 | | Zemgus Žagata | V16 | | Rīga | 0:42:11,80 |
| 7 | | Antis Zunda | V40 | | Gulbene | 0:42:40,90 |
| 8 | | Ansis Mežulis | V30 | Jurmala | Jūrmala | 0:44:39,05 |
| 9 | | Aigars Leiboms | V40 | Balta SK | Ādži | 0:44:42,80 |
| 10 | | Arnis Ķibers | V30 | | Rūjiena | 0:45:19,65 |
| 11 | | Deniss Gorba | V30 | LSC | Rīga | 0:45:37,35 |
| 12 | | Andis Austrups | V30 | Jurmala | | 0:46:06,85 |
| 13 | | Dainis Āboliņš | V40 | | Madona | 0:46:19,40 |
| 14 | | Jānis Grundšteins | V18 | | Rubene | 0:47:28,95 |
| 15 | | Osvalds Eiduks | V30 | VVK | valmiera | 0:47:31,60 |
| 16 | | Dainis Žuburs | V30 | Liepāja | Dunalka | 0:47:41,35 |
| 17 | | Ritvars Lērme | V30 | | Valmiera | 0:47:47,55 |
| 18 | | Jānis Slaidiņš | V16 | | Cēsis | 0:48:05,55 |
| 19 | | Ints Ulmanis | V30 | IK Auseklis | Salaspils, Zīriņi | 0:48:28,30 |
| 20 | | Valdis Tilts | V40 | | Vaidava | 0:48:47,75 |
| 21 | | Guntis Šverns | V20 | | Vaidava | 0:49:05,20 |
| 22 | | Gvido Beļinskis | V14 | | Rīga | 0:49:27,00 |
| 23 | | Elmārs Eleksis | V50 | | gulbene | 0:49:59,20 |
| 24 | | Jānis Ančs | V60 | | Gulbene | 0:50:06,00 |
| 25 | | Kristaps Ziediņš | V16 | | Valmiera | 0:50:26,95 |
| 26 | | Agnese Pastare | S17 | | Ogre | 0:50:30,70 |
| 27 | | Ģirts Fogels | V30 | SPORTLAT | Saldus | 0:50:49,80 |
| 28 | | Raivo Kaimiņš | V16 | | Valmiera | 0:50:54,30 |
| 29 | | Modris Bērziņš | V30 | | Rīga | 0:50:55,80 |
| 30 | | Andris Pivars | V40 | | Ogre | 0:50:57,85 |
| 31 | | Mārcis Pētersons | V30 | | Rīga | 0:51:03,65 |
| 32 | | Ivars Eškins | V40 | Tonuss | Valmiera | 0:51:12,25 |
| 33 | | Kārlis Bitītis | V14 | | Ragana | 0:51:47,75 |
| 34 | | Marts Kalniņš | V30 | Tonuss | Valmiera | 0:52:04,35 |
| 35 | | Andis Gailis | V30 | | VALMIERA | 0:52:05,40 |
| 36 | | Oskars Atvase | V20 | | Amata | 0:52:16,95 |
| 37 | | Uldis Ņikuļins | V50 | | Valmiera | 0:52:22,25 |
| 38 | | Ēriks Plūme | V40 | | Skaņkalnes pagasts | 0:52:24,20 |

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| 39 | Andris Kozačkovs | V30 | | Ludza | 0:52:45,30 |
| 40 | Guntars Ceplītis | V30 | | Valmiera | 0:52:50,40 |
| 41 | Jānis Āboliņš | V18 | | Vaidava | 0:53:05,15 |
| 42 | Andis Puida | V40 | ssk BEBRA | Bebrene | 0:53:22,50 |
| 43 | Aigars Belasovs | V20 | | Vaidava | 0:53:25,85 |
| 44 | Ivars Jēkabsons | V20 | Kocenu Sporta klubs | Vaidava | 0:53:58,30 |
| 45 | Mārtiņš Jēkabsons | V14 | | Vaidava | 0:54:01,60 |
| 46 | Valdis Blūms | V50 | | Valmiera | 0:54:06,85 |
| 47 | Toms Pikšēns | V40 | Rīgas dome | Mārupe | 0:54:30,90 |
| 48 | Jānis Belasovs | V20 | | Vaidava | 0:55:06,25 |
| 49 | Lauris Pēčs | V18 | | Kocēnu pagasts,Rubene | 0:55:08,30 |
| 50 | Henrijs Vimba | V14 | | | 0:55:19,85 |
| 51 | Jānis Ūlis | V40 | | | 0:55:43,65 |
| 52 | Linda Katlapa | S27 | VIGA | Rīga | 0:56:23,30 |
| 53 | Andris Saldūksnis | V20 | | | 0:56:53,95 |
| 54 | Krišjānis Kuplis | V20 | | Liepa | 0:57:10,45 |
| 55 | Mārtiņš Dainis | V18 | Rubene | Gulbene | 0:57:34,60 |
| 56 | Jānis Sīka | V30 | | Kocēni | 0:57:34,70 |
| 57 | Kristaps Priede | V18 | KSK | Rubene | 0:57:34,80 |
| 58 | Gatis Liepiņš | V16 | | Valmiera | 0:58:06,25 |
| 59 | Raimonds Garenčiks | V50 | Rīgas dizains | Carnikava | 0:58:40,65 |
| 60 | Edijs Pētersons | V30 | | Valmiera | 0:59:07,45 |
| 61 | Dace Āboliņa | S14 | | | 0:59:24,70 |
| 62 | Andris Jēkabsons | V14 | | Vaidava | 1:00:46,90 |
| 63 | Ansis Kuplis | V30 | Running.lv | Cēsis | 1:00:52,80 |
| 64 | Indra Beķere | S14 | | Valmiera | 1:01:02,30 |
| 65 | Terēze Vimba | S14 | | Valmiera | 1:01:02,55 |
| 66 | Dāvis Saldūksnis | V14 | | Vaidava | 1:01:10,30 |
| 67 | Jurgis Suts | V14 | | Valmiera | 1:01:13,00 |
| 68 | Madara Kirmuška | S17 | | Tukums | 1:01:13,00 |
| 69 | Jānis Dainis | V50 | KOCENI | Kocēni | 1:02:02,55 |
| 70 | Elīna Bernava | S17 | Rīgas lauvās | Rīga | 1:02:09,85 |
| 71 | Guntis Šalts | V30 | DG Terminals | | 1:02:23,60 |
| 72 | Daina Pastare | S17 | | Rīga | 1:02:43,30 |
| 73 | Guna Ķibere | S27 | | Rūjiena | 1:03:08,30 |
| 74 | Līga Reide | S17 | VVK | Valmiera | 1:03:46,75 |
| 75 | Ansis Ozoliņš | V60 | | Valmiera | 1:04:18,15 |
| 76 | Mārcis Bērziņš | V14 | | Rubene | 1:04:37,10 |
| 77 | Ņina Blūma | S40 | | Valmiera | 1:04:47,20 |
| 78 | Aldis Sprancis | V60 | | Valmiera | 1:04:52,15 |
| 79 | Andris Āboliņš | V40 | | Vaidava | 1:05:07,00 |
| 80 | Ieva Veģere | S27 | | Rīga | 1:05:28,35 |
| 81 | Ralfs Priedītis | V14 | Sportlat | Valmiera | 1:05:35,00 |
| 82 | Nora Ķibilda | S14 | | | 1:05:53,30 |
| 83 | Inese Bērziņa | S27 | xxx | Kocēnu pagasts | 1:06:24,05 |
| 84 | Zinaīda Rācenāja | S40 | | Madona | 1:06:49,05 |
| 85 | Liene Bērziņa | S17 | KSK | Valmiera | 1:07:34,75 |
| 86 | Lauris Lancmanis | V18 | | Vaidava | 1:07:40,35 |

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| 87 | Laimdota Heidene | S40 | | Ventspils | 1:07:52,05 |
| 88 | Ģirts Priedītis | V30 | Sportlat | Valmieras | 1:08:01,50 |
| 89 | Ivo Volksons | V30 | Tonuss | Valmiera | 1:08:24,05 |
| 90 | Tomass Kalniņš | V10 | ZVOC | Valmiera | 1:08:50,00 |
| 91 | Ints Žukovskis | V30 | | Valmiera | 1:09:04,00 |
| 92 | Kaspars Grundšteins | V18 | | Rubene | 1:10:57,10 |
| 93 | Helvijs Siubra | V14 | Jūrmala | Jūrmala | 1:11:08,90 |
| 94 | Rolands Ajevskis | V60 | | Rīga | 1:11:22,15 |
| 95 | Vilnis Priedītis | V30 | Tapeks | Rīga | 1:12:00,80 |
| 96 | Rīta Vantere | S12 | | Vaidava | 1:12:08,05 |
| 97 | Melita Vantere | S12 | | Vaidava | 1:12:13,25 |
| 98 | Druvis Vanteris | V30 | | Vaidava | 1:12:15,20 |
| 99 | Dace Rumbiņa | S17 | | Vaidavas pagasts | 1:12:40,95 |
| 100 | Sabīne Tīlta | S14 | | Vaidava | 1:13:57,00 |
| 101 | Zanda Bērziņa | S14 | xxx | Kocēni | 1:14:10,35 |
| 102 | Zane Tīlta-Kūma | S17 | | Vaidava | 1:14:26,60 |
| 103 | Jānis Markevics | V20 | | Kocēnu novads | 1:15:04,70 |
| 104 | Jānis Zariņš | V10 | | valmieras raj. vaidava | 1:15:25,95 |
| 105 | Līga Šmite | S14 | | Sēji | 1:16:28,55 |
| 106 | Kristīne Suta | S12 | | Valmiera | 1:16:49,70 |
| 107 | Dace Spalva | S17 | | | 1:17:47,95 |
| 108 | Ģirts Pēčs | V12 | | Valmieras raj. Vaidava | 1:21:42,80 |
| 109 | Lotārs Zariņš | V10 | | Rīga | 1:25:01,15 |
| 110 | Artis Zariņš | V30 | | Rīga | 1:25:01,35 |
| 111 | Jānis Bogdanovs | V10 | | Valmiera | 1:26:51,15 |
| 112 | Vidis Upenieks | V60 | | Ventspils | 1:27:15,15 |
| 113 | Rolands Brusovs | V20 | | Kocēni | 1:28:40,00 |
| 114 | Inga Brusova | S17 | | Valmiera | 1:28:40,00 |
| 115 | Madara Gaile | S17 | kocēnu sporta klubs | Kocēni | 1:28:40,10 |
| 116 | Ieva Bogdanova | S12 | | Valmiera | DNF |